

ARE EU INNOVATION AND RESEARCH POLICIES MAKING A DIFFERENCE IN REGIONS OF THE BALTIC SEA AREA?

16-17 SEPTEMBER 2010
Lahti, Region Päijät-Häme, Finland



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Congress and Concert Centre Sibelius Hall, Ankkurikatu 7, 15140 LAHTI, Finland www.sibeliusstalo.fi



CRPM CPMR



PRACTICAL INFORMATION

REGISTRATION

- Registration is available now on the CPMR website under the heading "online registrations" and also on the event page, which you can access by clicking on the following link:
- <http://www.paijat-hame.fi/fi/innovationconference>
- Please complete your online registration before 3 September 2010.

PROGRAMME

Wednesday 15 September 2010

Arrival of participants

19.00 Get together buffet in the City Hall of Lahti hosted by the Regional Council of Päijät-Häme

Thursday 16 September 2010

9.00 **Opening Session**

10.30 Coffee break

11.00 Round table 1

12.30 **Lunch**

14.00 Three Parallel Sessions

16.30 Summing up and Conclusions

18.00 End of Day One Proceedings

20.00 **Official Dinner** at "Hollolan Hirvi - Elk of Hollola" Countryside Restaurant

Friday 17 September 2010

9.00 Session on innovative approaches in the Baltic Area, EU funded projects and addressing practical issues

11.00 Coffee break

11.30 Summing up and Conclusions

13.00 **END OF PROCEEDINGS**

HOW TO GET TO LAHTI

By air

- Helsinki-Vantaa International Airport is located between Helsinki and Lahti. You will find information on Helsinki-Vantaa International Airport on the website: www.helsinki-vantaa.fi. The most convenient way to reach the City of Lahti from the airport is to use the direct airport shuttle bus service.

Direct airport shuttle bus service to/from Lahti

- Delegates are invited to use the direct airport shuttle bus service to/from Lahti. Buses leave direct to Lahti in front of the arrivals terminals, from Platform 3 (Terminal 1) and Platforms 13/14 (Terminal 2). Buses leave from the airport every full hour, please consult the departure times during rush hours and night time from the timetables www.matkahuolto.info/lippu/en/.
- Travel time is approximately 1 hour and 20 minutes. Travel fare is approximately 35 euros/person including return ticket. You may buy the ticket from the driver. Please ask for the return ticket. Cash and most common credit cards (Visa, Mastercard) are accepted. All the pre-booked hotels (see below) are situated in Lahti city centre and are close to the bus stops for the airport shuttle service. Please inform the driver on departure about your hotel in the Lahti City Centre.
- Please note that delegates wishing to return home on the Friday after the meeting are urged to **book flights which leave after 17.00** as the shuttle service will leave after the lunch at 14.15.

By train

- Information on train services between the City Centres of Helsinki and Lahti is available on www.vr.fi/eng Travel time is approximately 1 hour.

Useful map

- The meeting will take place at Congress and Concert Centre Sibelius Hall, Ankkurikatu 7, 15140 LAHTI. Please note that the Sibelius Hall is situated at the lake harbour, which is about 2km from the city centre, coach transfers will be provided between hotels and the meeting venue. Link to the electronic map of the City of Lahti <http://kartta.lahti.fi>

TRANSFERS

- Please note that coach transfers will be provided from the hotels listed below to the Sibelius Hall (the Conference venue) each morning and afternoon back to the hotels.
- Coach transfer will also be provided from the hotels to the countryside restaurant for the official dinner on the evening of Thursday 16 September 2010 and then back to the hotels at the end of the evening.
- On 17 September 2010 in the afternoon coach transfers are provided to the hotels and to reach the airport shuttle bus service. Please note that delegates wishing to return home on the Friday after the meeting are urged to **book flights which leave after 17.00** as the shuttle service leaves after the lunch at 14.15.
- You may find information on the timetable of the bus transfers during the conference in the hotels and conference venue. Bus transfer timetables will also be added to the conference web site as soon as they are available.

HOTELS

- We ask you to reserve your accommodation directly with one of the following hotels. All the hotels are situated in Lahti city centre and are close to bus stops for the airport bus shuttle service.
- **Please note** that rooms have been pre-booked at guaranteed rates until the 16 August 2010 for stays between the 15-18 September 2010. The number of pre-booked rooms is noted in the details for each hotel. As autumn is a very busy period for conferences in Lahti, we highly recommend that you make your reservations before the 16 August 2010 as rooms and prices cannot be guaranteed after this date.
- Please note that the special rates have been negotiated for reservations made before 16 August 2010 for stays between the **15-18 September 2010**. ALWAYS USE THE REFERENCE "**CPMR SEMINAR**" WHEN MAKING YOUR BOOKING TO BENEFIT FROM NEGOTIATED RATES.

Hotel SCANDIC LAHTI

Vesijärvenkatu 1, FI - 15100 Lahti

Tel: +358 33 39 39 11 / Email: lahti@scandichotels.com

Website: www.scandichotels.com/Hotels/Countries/Finland/Lahti/Hotels/Lahti

Rates: Single room - standard: **85€** superior: **100€**

Double room - standard: **108€** superior: **123€**

Suite: **178€**

NOTES: Prices are per night and include **breakfast and morning sauna, and car parking facilities.**

Airport shuttle: Stop: "Rautatieasema" (Railway Station) for arrivals and departures.

Distance from hotel: 100 metres

PLEASE QUOTE "CPMR SEMINAR" WHEN MAKING YOUR BOOKING - 50 rooms pre-booked

Hotel SOKOS LAHDEN SEURAHUONE

Aleksanterinkatu 14, FI - 15100 Lahti

Tel: +358 20 12 34 655 / Email: seurahuone.lahti@sokoshotels.fi

Website: www.sokoshotels.fi/en/hotels/lahti

Rate: Single room - standard: **112€**

Single room - superior: **132€**

NOTES: Prices are per night and include **breakfast buffet, sauna, and fitness room.**

Airport shuttle: Stop: "Kauppatori" (Market Place) for arrivals and "Vapaudenkatu" (Street) for departures.

Distance from hotel: 100 metres

PLEASE QUOTE "CPMR SEMINAR" WHEN MAKING YOUR BOOKING - 70 rooms pre-booked

Hotel CUMULUS LAHTI

Vapaudenkatu 24, FI - 15100 Lahti

Tel: +358 3 813711 / Email: lahti.cumulus@restel.fi

Website: www.cumulus.fi/hotellit/lahti/en_GB/lahti

Rate: Single room - superior: **107€**

NOTES: Prices are per night and include **breakfast buffet and sauna.**

Airport shuttle: Stop: "Kauppatori" (Market Place) for arrivals and "Vapaudenkatu" (Street) for departures.

Distance from hotel: 350 metres

PLEASE QUOTE "CPMR SEMINAR" WHEN MAKING YOUR BOOKING - 50 rooms pre-booked

WORKING LANGUAGES

- The working language of the Conference will be English.

FURTHER INFORMATION

- We are delighted to inform you that the Regional Council of Päijät Häme would like to cordially invite all participants to attend a get together buffet in the City Hall of Lahti, from 7pm onwards on the evening of Wednesday 15 September 2010. City Hall of Lahti is within walking distance from the hotels. In addition, a dinner will be held on the evening of Thursday 16 September 2010 with innovative preparation for the second day of the Conference. This dinner will take place from 8pm onwards at the Countryside restaurant "Hollolan Hirvi - Elk of Hollola". Coaches will be provided to transport participants from the hotels to the restaurant and then back to their hotels after the dinner.

- **Currency and credit cards:** The currency in Finland is the Euro. It would be most convenient if you could exchange your currency before departure or at the airport by the arrival in bureau de change and banks. All most common credit cards are widely accepted in department stores, kiosks, shops, restaurants etc.
- **Languages:** Finnish and Swedish are the official languages. English is generally spoken by Finns. The Conference working language is English.
- **Smoking:** Smoking is prohibited in Finland in all public buildings as well as in restaurants and cafes.
- **Tourism in Lahti, Päijät-Häme:** For more information, please see www.lahtitravel.fi
- **Useful information about Finland:** <http://finland.fi>

PLEASE VISIT THE CONFERENCE WEBSITE <http://www.paijat-hame.fi/fi/innovationconference> FOR UPDATED INFORMATION!

- For further information concerning the content of the conference, please contact:
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 - **PÄIJÄT-HÄME: Mr Marko MÄLLY:** Tel. + 358 443 719438 / Email: marko.mally@paijat-hame.fi
- For further information concerning the practical and logistical arrangements for the conference, please contact:
 - **CPMR: Ms Clare BOOTH:** Tel. +33 2 99 35 40 50 / Email: clare.booth@crpm.org
 - **PÄIJÄT-HÄME: Mr Marko MÄLLY:** Tel. + 358 443 719438 / Email: marko.mally@paijat-hame.fi
